Resources for School of Social Work Students (BSW, MSW, PhD)

Identification of resources to support our students in the mental health/emotional health domains.

Students’ Insurance/Health Plan (SHIP)

❖ Students may review their existing health insurance / health plan to understand what may be available to them in terms of costs.
❖ Students may inquire about the services that are available to them through their health care practice, i.e., some practices will have social workers or counselors as part of their practice.
  ✓ Student Insurance Info

UConn Hartford Campus

❖ The Hartford Campus Health Resource Center (Naa Opuku- Clinical Case Manager - MHRC info

Range of Services and Resources

❖ 211 - 211 Information
  ✓ 211 connects to a range of resources such as food, mental health, healthcare expenses, housing, heating, childcare, etc.
❖ Food Banks - Click here for Food Bank
❖ SNAP - SNAP link/resources
❖ Nutrition: List of Healthy Foods

Recovery Resources

❖ Recovery Ally UConn Recovery Community
❖ CT - AA
❖ CT ALANON
❖ CT NA - CT - N.A.
❖ CT and Western MA GA
❖ CT Council on Problem Gambling (CCPG)

Therapists / Counselors / Mental Health Resources

❖ Community Health Services (CHS) - CHS Info
❖ Community Health Resources (CHR) - CHR Info
❖ InterCommunity Health Care - InterCommunity Info
❖ Charter Oak Health Center and Charter Oak Health Satellite - Charter Oak Info
❖ Wheeler Family Health and Wellness
  ✓ Wheeler Clinic Info
❖ United Way - United Way Info
❖ Mobile Crisis (# 203-974-7713) or CMHC-Mobile Crisis Intervention and Evaluation
❖ NASW CT (Online Therapy Directory)
❖ Psychology Today (Find a Therapist)
❖ NAMI - NAMI Info