University of Connecticut School of Social Work 38 Prospect Street Hartford, CT 06103

# Caitlin Elsaesser, Ph.D., LICSW, MAT

caitlin.elsaesser@uconn.edu

#### ACADEMIC APPOINTMENT

2021-present Associate Professor, School of Social Work

University of Connecticut

2015-2021 Assistant Professor, School of Social Work

University of Connecticut

**EDUCATION** 

Certificate 2022, Mindfulness Teacher Training

Inward Bound Mindfulness Education

Ph.D. 2015, University of Chicago

School of Social Service Administration, Chicago, IL

AM (MSW) 2012, University of Chicago, Master of Social Work

School of Social Service Administration, Chicago, IL

Certificate 2007, Salt Institute of Documentary Studies

Portland, Maine

MAT 2006, Dominican University

School of Education, Lake Forest, IL

BA 2004, Carleton College

Department of English Literature, Northfield, MN

#### **RESEARCH INTERESTS**

Adolescent wellbeing | Youth participatory action research | Traumatic resilience | Anti-oppressive practice | Mindfulness-based approaches to wellbeing | Community, school, and family contexts of development | Critical feminist and race theories | Critical consciousness

### PROFESSIONAL LICENSURE

2017 – present Licensed Independent Clinical Social Worker, Massachusetts

2015 – 2017 Licensed Clinical Social Worker, Illinois

**2012 – 2015** Licensed Social Worker, Illinois

### PEER-REVIEWED PUBLICATIONS

- \*denotes student mentee
- +denotes community partner
- Elsaesser, C., Kennedy, H., Chavez, N. & Courts, D.\* (revise & resubmit). ""We Can Honor More Authentic Expression in Ourselves and Others": A Collaborative Autoethnography Exploring Vulnerability in Youth Participatory Action Research. Action Research Journal.
- Elsaesser, C., Vasquez Reyes, M.\*, Fairchild, E.\* & Courts, D. \* (revise & resubmit). Leveraging Transformative Relationships to Nurture the Potential of Youth Impacted by Violence. Clinical Social Work Journal.
- Iacono, G., Elsaesser, C., & Courts, D.\* (revise & resubmit). "My resistance melts away": The role of mindfulness in supporting YPAR researchers' efforts to share power with youth co-researchers. American Journal of Community Psychology.
- Parekh, R., Sieger, M.L., Elsaesser, C. et al. (2024). The Association Between Permanency and Length of Time in Foster Care for Children with Older Adult Foster Caregivers: Children Removed Due to Substance Use Behavior. Child Youth Care Forum 53, 51–72. https://doi.org/10.1007/s10566-023-09742-z
- Vasquez-Reyes, M.\*, Elsaesser, C., Smith, J. R., Santiago, J. + Stevens, R. (2023). Girls and young women's perceptions on the role of gender and social media conflict implicated in violence. *Journal of* Youth Studies.
- Elsaesser, C., Patton, D, Weinstein, E., Santiago, J. +, Clarke, A+, Eschmann, R. (2021). Small becomes big, fast: Adolescent perceptions of how social media features escalate internet banging to offline violence. Children and Youth Services Review.
- Elsaesser, C., Katz, C., Feely, M. & Tredinnick, L.\* (2020). Early child abuse and the effects of subsequent witnessed violence: Results from a national high risk sample of adolescents. Children and Adolescent Social Work. Advance online publication.
- Elsaesser, C., Patton, D, Kelly, A., Santiago, J. +, Clarke, A+. (2020). Avoiding social media fights: Strategies youth leverage to navigate conflict in a digital era. Journal of Community Psychology. Advance online publication.
- Elsaesser, C., Bellas, A.\*. (2020). Teaching a mental health diagnosis course online: Lessons learned from a case study. Advances in Social Work and Welfare Education. 21(2), 50-61.
- Elsaesser, C., Kennedy, T. & Tredinnick, L.\* (2020). The role of relationship proximity to witnessed community violence and youth outcomes. Journal of Community Psychology, 48(2), 562-575.
- Elsaesser, C., Gorman-Smith, D., Henry, D., Schoeny, M. (2020). The longitudinal relation between community violence exposure and academic engagement during adolescence: Exploring families' protective role. Journal of Interpersonal Violence, 35(17-18), 3264-3285.

- Das, A., Macbeth, J., Elsaesser, C. (2019). Online school conflicts: Expanding the scope of restorative practices with a virtual peace room. Contemporary Justice Review: Issues in Criminal, Social, and Restorative *Justice*, 22(4), 351-370.
- Katz, C., Elsaesser, C., Klodnick, V., & Khare, A. (2019). Mentoring matters: An innovative approach to infusing mentorship in a social work doctoral program. Journal of Social Work Education, 55(2), 306-313.
- Patton, D., Leonard, P., Elsaesser, C., Eschmann, R., Patel, S., Crosby, S. (2019). What's a threat on social media? How black and Latino Chicago young men define and navigate threats online. Youth and Society, 51(6), 756-772.
- Elsaesser, C. (2018). The longitudinal relations between dimensions of community violence exposure and developmental outcomes among adolescent ethnic minority males. Psychology of Violence, 8(4), 409-417.
- Elsaesser, C., Heath, R., Kim, J. B. & Bouris, A. M. (2018). The long-term influence of social support on academic engagement among Latino adolescents: Analysis of between-person and within-person effects among Mexican and other Latino youth. Youth and Society, 50(8), 1123-1144.
- Elsaesser, C., Russell, B., Ohannessian, C. M., Patton, D. U. (2017). Parenting in a digital age: A review of parents' role in preventing adolescent cyberbullying. Aggression and Violent Behavior, 35, 62-72.
- Voisin, D., Harty, J., Kim, H. K., Elsaesser, C., Takahashi, L. (2016). Assessing the relationship between parental influences and well-being among low income African American adolescents in Chicago. Child and Youth Care Forum, 46(2), 223-242.
- Elsaesser, C., Hong, J. & Voisin, D. (2016). Violence exposure and bullying among African American adolescents: Examining the protective role of academic engagement. Children and Youth Services Review, 70, 394-402.
- Patton, D., Eschmann, R., Elsaesser, C., Bocanegro, E. (2016). Sticks, stones, and Facebook accounts: What violence outreach workers know about social media and urban-based gang violence in Chicago. Computers and Human Behavior, 65, 591-600.
- Voisin, D., Elsaesser, C., Kim, D, Patel, S., & Cantara, A. (2016). The relationship between family stress and behavioral health among African American adolescents. Journal of Child and Family Studies, 25(7), 2201-2210.
- Bouris, A. B., Everett, B., Heath, R., Elsaesser, C., Neilands, T. B. (2015). Effects of victimization and violence on suicidal ideation and behaviors among sexual minority and heterosexual adolescents. LGBT Health, 3(2), 153-161.
- Elsaesser, C. & Voisin, D. (2014). Correlates of polyvictimization among African American youth: An exploratory study. Journal of Interpersonal Violence, 30(17), 3022-3042.
- Voisin, D. & Elsaesser, C. (2014). Brief report: The protective effects of school engagement for African American adolescent males. *Journal of Health Psychology*, 21(4), 573-576.

Voisin, D. & Elsaesser, C. (2013). Pathways from polyvictimization to youth problem behaviors: The critical role of school engagement. *International Journal of Higher Education*, 2(4), 15-30.

Elsaesser, C., Gorman-Smith, D. & Henry, D. (2012). The role of the school environment in relational aggression and victimization. *Journal of Youth and Adolescence*. 42(2), 235-249.

# **BOOK CHAPTERS**

**Elsaesser, C. M. &** Patton, D. (2024). Re-examining the literature on social media and gangs: Critical Race Theory as a Path for New Opportunities. In *Handbook on Gangs and Society*. Leverso, J., Pyrooz, D., & Densley, J. (eds). Oxford University Press.

# RESEARCH FUNDING

# **CURRENT FUNDING**

2023 – 2025: Co-Principal Investigator, Socially Engaged Mindfulness: Inner Transformation to Support Outer Transformation

Funder: InCHIP, University of Connecticut, \$10,000

Seed Grant

Co-PIs: Caitlin Elsaesser, Gio Iacono

2023 – 2024: Co-Principal Investigator, Socially Engaged Mindfulness: Inner Transformation to Support Outer Transformation

Funder: OVPR, University of Connecticut, \$2,500

Scholarship Facilitation Fund

Co-PIs: Caitlin Elsaesser, Gio Iacono

2023 – 2024: Co-Principal Investigator, Socially Engaged Mindfulness: Inner Transformation to Support Outer Transformation

Funder: Student Health and Wellness, University of Connecticut, \$1,500

Student Health and Wellness Seed Grant

Co-PIs: Caitlin Elsaesser, Gio Iacono, Lisa Werkmeister Rozas

# **COMPLETED FUNDING**

• 2020 – 2023: Principal Investigator, Preventing Youth Violence through Technology Enhanced Street Outreach: A Community Engaged Approach.

Funder: National Center for Injury Prevention, Centers for Disease Control, \$250,000

K01 - Mentored Research Scientist Development Award

Mentors: Kim Gans, Sherry Pagoto, Maury Nation, Bonnie Duran

• 2021 – 2023: Principal Investigator, The UConn-Hartford Youth Council: Enhancing Health Equity through Authentic Youth Participation.

Funder: University of Connecticut, \$2,000

Scholarship Facilitation Fund

• 2017 – 2021: Principal Investigator, Understanding Social Media Conflict among Youth Living in Neighborhoods with High Rates of Gun Violence

Funder: University of Connecticut, \$50,000

Research Excellence Program

Co-PIs: Desmond Patton, Christine Ohanessian

2017 – 2021: Principal Investigator, Understanding Social Media Conflict among Youth Living in Neighborhoods with High Rates of Gun Violence

Funder: InCHIP, University of Connecticut, \$7,500

Junior Faculty Seed Grand

Co-PIs: Desmond Patton, Christine Ohanessian

2017 - 2018: Principal Investigator, Understanding Social Media Conflict among Youth Living in Neighborhoods with High Rates of Gun Violence

Funder: School of Social Work, University of Connecticut, \$4,000

Dean's Incentive Award

2017 - 2018: Principal Investigator, Advancing Knowledge of the Consequences of Youth Violence Exposure

Funder: University of Connecticut, \$2,000

Scholarship Facilitation Fund

2016 – 2017: Principal Investigator, Exposure to Multiple Forms of Victimization and Substance Use: An Integrative Approach

Funder: InCHIP, University of Connecticut, \$2,500

Junior Faculty Summer Stipend

# PEER REVIEWED PRESENTATIONS

- Vasquez Reyes, M.\*, Elsaesser, C., & Fairchild, E.\*, Courts, D.\* (2024). Collective Trauma, Resilience, and Healing: Violence Street Outreach Workers and Black and Brown Youth Moving through a Healing Justice Framework. Poster presented at the 2024 Society for Social Work and Research Annual Conference.
- Elsaesser, C., Proulx, J., Kalinowski, J., Gans, K. (2024). Co-Designing a Mindfulness Based Intervention with Street Outreach Workers and Youth: The Power of Participatory Action Research to Drive Solutions. Paper presented at at the 2024 Society for Social Work and Research Annual Conference.
- Elsaesser, C., Vasquez Reyes, M.\*, & Fairchild, E.\* (March, 2023). Leveraging Transformative Relationships to Nurture the Potential of Youth Impacted by Violence. Presented at the 2023 ResilienceCon, Nashville, TN.
- Kalinowski, J., Carter, Z.\*, Proulx, J., & Elsaesser, C. (2023) Leveraging the power of a communityengaged framework to examine youth perspectives on stress, presented at Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine.
- Elsaesser, C. M., Proulx, J., Kalinowski, J., Gans, K. (2022). Solutions for Social Media Conflict: Identifying contextual barriers through authentic youth participation. Paper presented at Society for Prevention Research.

- Elsaesser, C. M., Iacono, G., Courts, D. (2022). Trauma Informed Mindfulness as a Support for Adult Facilitators of Youth Participatory Action Research. Poster presented at Mind and Life Summer Research Institute.
- Vasquez-Reyes, M., Elsaesser, C. M., Patton, D., Smith-Lee, J., Santiago, J. (2021). Girls and Young Women's Perceptions on the Role of Gender and Social Media Conflict Implicated in Violence. Paper presented at ResilienceCon.
- Elsaesser, C. M., Santiago, J., Clarke, A. (2020). Small things get bit so fast: The role of social media in youth violence. ResilienceCon, Nashville, TN (accepted for presentation, conference canceled)
- Lloyd, M., Parekh, R., & Elsaesser, C. M. (2020). Do older adult foster parents reduce length of stay for White children and children of color with substance removals: A national longitudinal study. Paper presented at the Annual Conference of the Society for Social Work Research.
- Elsaesser, C. M., Patton, D, Kelly, A., Santiago, J., Clarke, A. (2019). Avoiding social media fights: Strategies youth leverage to navigate conflict in a digital era. Paper presented at ResilienceCon.
- Elsaesser, C. M., Katz, C. & Mordecai, L. (2019). Previous exposure to child maltreatment and the effects of subsequent witnessed violence: Results from a national high risk sample. Poster presented at the Annual Conference of the Society for Social Work Research.
- Elsaesser, C. M., Kennedy, T. & Mordecai, L. (2017). The role of relationship proximity to witnessed community violence and youth outcomes. Poster presented at the Society for Advancement of Violence and Injury Research (SAVIR).
- Elsaesser, C. M. & Santiago, J. (2017). A model for integrating community and school-based violence prevention approaches. Paper presented at the Annual Program Meeting of the Council on Social Work Education.
- Elsaesser, C. M., Mordecai, L. & Kennedy, T. (2017). Exposure to multiple forms of victimization and adolescent health: An integrative approach. Poster presented at the Annual Conference of the Society for Social Work Research.
- Patton, D., Eschmann, R., Elsaesser, C. M., Bocanegro, E. (2017). Sticks, stones, and Facebook accounts: What violence outreach workers know about social media and urban-based gang violence in Chicago. Poster presented at the Annual Conference of the Society for Social Work Research.
- Tan, K., Elsaesser, C. M., Gorman-Smith, D. (2017). Longitudinal trajectories of multiple problem behaviors and substance use among African American males. Paper presented at the Annual Conference of the Society for Social Work Research.
- Ohanneissan, C., Elsaesser, C. M., & Russell, B. (2016). Parenting and adolescent technology use: An examination of gender differences. Paper presented at the Society for Research in Child Development Special Topic Meeting on Technology and Media in Children's Development.
- Elsaesser, C. M., Russell, B., Ohanneissan, C. (2016). Parental monitoring in a digital age: A review and implications for adolescent interpersonal violence & victimization online. Paper presented at the National Council on Family Relations Conference.

- Elsaesser, C. M. (2016). The longitudinal relation between dimensions of community violence exposure and developmental outcomes among African American boys. Paper presented at the International Family Violence and Child Victimization Research Conference.
- Elsaesser, C. M. & Voisin, D. (2016). The relation between community violence exposure and bullying: The protective role of schools. Poster presented at the Annual Conference of the Society for Social Work Research.
- Elsaesser, C. M. & Gorman-Smith, D. (2016). Patterns of community violence exposure and developmental outcomes. Paper presented at the Annual Conference of the Society for Social Work Research.
- Klodnick, V., Khare, A., Elsaesser, C. M., Katz, C. (2015). Building doctoral student capacity through student and educator collaboration. Panel discussion presented at the Annual Program Meeting of the Council on Social Work Education.
- Elsaesser, C. M. & Gorman-Smith, D. (2015). Academic functioning and violence exposure in adolescence: Exploring the protective role of families. Paper presented as part of symposium on community violence. Annual Convention of the American Psychological Association.
- Khare, A., Elsaesser, C. M., Katz, C., Klodnick, V., Darrow, J. (2015). Building doctoral student capacity through student organization. Roundtable presented at the Annual Conference of the Society for Social Work Research.
- Elsaesser, C. M. & Gorman-Smith, D. (2014). Patterns of community violence exposure and their relation to key young adult outcomes. Paper presented as part of symposium on urban violence. Annual Convention of the American Psychological Association.
- Elsaesser, C. M. (2014). Targeting emotion regulation and social skills to prevent the adverse impact of violence on school outcomes. Poster presented at the Annual National School Social Work Conference.
- Elsaesser, C. M., Bouris, A.M & Heath, R. (2012). School engagement and social support: Variations among sub-ethnic Latino groups. Paper presented at the Annual Conference of the Society for Social Work Research.

# INVITED PRESENTATIONS AND TESTIMONY

- Elsaesser, C. M. (2022). Invited panelist, Critical and Inclusive Teaching as a White Faculty at a PWI, University of Connecticut.
- Elsaesser, C. M. (2022). Invited talk, The Role of Youth Participatory Action Research in Combatting Social Media Stress, Center for MHealth and Social Media, University of Connecticut.
- Elsaesser, C. M. (2022). Expert testimony, Virginia House of Delegates, Bill HB 1195: Commission on Social Media to examine the impact of social media on violence.
- Elsaesser, C. M. (2021). Invited panelist on Screen Time, Social Media, and Youth Mental Health. West Hartford Public Schools.

- **Elsaesser, C. M.** (2021). Invited panelist on *Youth Well-Being in a Digital World: The Role of Schools and Communtiies*. Global Alliance for Behavioral Health and Social Justice and the Mental Health Section of the American Public Health Association.
- **Elsaesser, C. M.** & Lopez, D. (2019). *Community violence: Field informing research.* Presentation at the Correlates, Causes, and Solutions for Firearm Violence in America Conference.
- **Elsaesser, C. M.** (2018). Small things get big so fast: Youth descriptions of how social media conflict leads to violence. Presentation at the Brown Bag Research Discussion University of Connecticut School of Social Work.
- **Elsaesser, C. M**. (2018). Understanding aggressive social media interactions among youth living in violent neighborhoods. Presentation at the annual Office of Research and Scholarship Exhibition, University of Connecticut School of Social Work.
- **Elsaesser, C. M.** (2018). Bullying in a digital age: The role of parents in preventing online conflict. Presentation at the Ronald and Nancy Rohner Center for the Study of Interpersonal Acceptance and Rejection.
- **Elsaesser, C. M.** (2016). *Violence and victimization in childhood and adolescence: An Overview.* Presentation to Annual Meeting of Field Instructors, University of Connecticut, School of Social Work.
- Elsaesser, C. M. (2016). Parental monitoring in a digital age: A review and implications for adolescent interpersonal violence & victimization online. Annual Symposium on Community and School Violence, University of Connecticut, School of Social Work.
- Elsaesser, C. M. & Gorman-Smith, D. (2014). Trajectories of community violence exposure and student engagement over adolescence: A developmental perspective. Doctoral Theory Workshop. School of Social Service Administration, University of Chicago.

# **MEDIA**

Standing Against Despair: UConn researchers offer tools and perspectives to reduce gun violence in the US. UConn Today. May 2022.

To end gun violence, we need to address poverty. (with Jacquelyn Santiago). The CT Mirror. May 2022.

How social media turns online arguments between teens into real-world violence. The Conversation. April 2021.

Podcast Interview. The Sunday Show (podcast), Tech Policy Press. February 2021.

# **BRIEFS**

Elsaesser, C., Das, A., Marcy, H. (2020). Using restorative practices with a virtual peace room. Collaboratory on School and Child Health, Institute for Collaboration on Health, Intervention and Policy.

### **AWARDS AND FELLOWSHIPS**

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2023	Abstract selected as meritorious award winner at Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine: Kalinowski, J., Carter, Z.*, Proulx, J., & Elsaesser, C. (2023) Leveraging the power of a community-engaged framework to examine youth perspectives on stress.
2015-2023	Provost Letters of Recognition for Teaching Excellence, University of Connecticut (every semester taught)
2018	UConn CETL e-Campus Summer Online Course Development Grants
2015	Research Fellow, Cornell Summer Research Institute National Data Archive on Child Abuse & Neglect
2011 – 2015	Doctoral Fellow, Pre-doctoral Training Fellowship Institute of Education Sciences, U.S. Department of Education Award #R305B140048
2014	Recipient, Summer Dissertation Funding School of Social Service Administration, University of Chicago
2010 – 2011	Recipient, Doctoral Fellowship School of Social Service Administration, University of Chicago

# **TEACHING**

# TEACHING INTERESTS

Contemplative practices and social work | Community based participatory research | Human behavior in the social environment | Research methodology | Social work practice and trauma | Child and adolescent development

# **TEACHING EXPERIENCE**

2015-present	Assistant Professor,	University of Connecticut

Master's Level Courses:

Community based participatory research

Field instructor

Introduction to Research Methods

Clinical Conditions with Children and Adolescents

Clinical Conditions with Children and Adolescents (online)

Human Behavior in the Social Environment

Doctoral Level Courses

Statistics I

#### 2013 - 2015Instructor, University of Chicago

Master's Level Courses:

Cognitive Behavioral Therapy: Theory and Practice

Introduction to Research Methods

### SERVICE AND PROFESSIONAL EXPERIENCE

# POST MSW SOCIAL WORK PRACTICE

2012 - 2015Licensed Social Worker, Neighborhood Homes, Chicago, IL

> Provided long and short-term therapy and case management services to lowincome older adults. Conducted in-home needs assessments, safety checks, and psycho-educational workshops on Medicare, advance directives, and health care. Received weekly individual supervision with a Licensed Clinical Social Worker.

2013 - 2015Therapist, Horizons for Youth, Chicago, IL

> Provided weekly therapy for adolescent youth enrolled in scholarship program for low-income highly talented students.

### OTHER PROFESSIONAL EXPERIENCE

2011 Grant Consultant, Association House, Chicago, IL

> Association House of Chicago is a social service agency providing clinical and supportive services to low-income individuals. As a consultant, led writing and research for grants that secured \$300,000 in federal funds for programs.

2009 - 2010Immigration Administrator, Association House, Chicago, IL

> Supervised case management for approximately 150 clients, communicating in Spanish daily. Prepared immigration applications for mostly Latino clients. Facilitated connection between local schools and Spanish speaking parents. Spearheaded 7 citizenship workshops, recruiting and managing 20 volunteers, serving 50 immigrants at each event, doubling applications over previous year. Collected and tracked data for federal and state grants and wrote monthly and quarterly reports. Managed 3 employees.

2010 Americorps Director, Association House of Chicago, Chicago, IL

> Supervised ten Americorps members: monitored performance, set goals, ensured members program requirements. Created and implemented systems to collect data and ensure progress toward grant goals. Recruited 90 applicants for the 2010-11 Americorps program, a 200% increase in previous year's application pool.

2008 - 2009Teacher, Noble Street College Prep High School, Chicago, IL

> Taught high school Reading and English in charter school serving low-income students. Communicated weekly with students' families about performance and behavior. Worked with social worker to provide additional student supports.

2005 - 2007Teacher (Teach for America), Northtown Academy, Chicago, IL

> Taught high school English & Writing in a charter school serving low-income youth. Founded a student women's rights group and counseled students on academic and personal choices.

# SERVICE, VOLUNTEERISM & PROFESSIONAL AFFILIATIONS

# **COMMUNITY SERVICE**

2022 – present	Board Member, Institute for Community Research, Hartford, CT
2016 - 2022	Board Member, COMPASS Youth Collaborative, Hartford, CT
2017	Appointed Member, Mental Health Task Force Member, Hartford, CT
2016 - 2018	Advisory Board Member, Connecticut Violent Death Reporting System
2015 - 2017	Coalition Member, Hartford Together, Hartford, CT
2009	Volunteer, TRAMA, Quetzeltenango, Guatamala

# ACADEMIC SERVICE

# Service to the School of Social Work

2021 – present	Member (2021), Co-Chair (2022-present), Just Community
2019 – present	Member (2015-19), Co-Chair (2019-present), Research Curriculum Design
•	Committee
2022	Member, Search Committee (Associate Dean of Research hire)
2021 - 2022	Member, Change Committee to lead DEI work at the SSW
2020 - 2022	Co-Chair, Strategic Planning, Research at the School of Social Work
2019 - 2021	Member, Educational Review Committee
2020	Member, Search Committee (Associate Dean of Academic Affairs hire)
2016 - 2020	Member, Faculty Advisory Committee to the Dean
2018	Co-Chair, Flexible Learning Committee
2017 - 2018	Co-Chair, Planning Committee, Symposium on Violence
2016	Member, Planning Committee, Symposium on Violence
2016	Member, Search Committee (two Assistant Professor hires)
2012 - 2013	President, Doctoral Student Association (University of Chicago)
2012 - 2013	Representative, Doctoral Student Association (University of Chicago)

Service to the University	
2023 – present	Committee Member, PTR Community-Engaged Scholarship Taskforce.
2021 – present	Committee Member, Justice Equity, Diveristy and Inclusion
2021 – present	Committee Member, University Senate
2021 – present	Committee Member, University Senate
2018	Committee Member, Committee to Reappoint the Dean

# **Doctoral Mentorship**

2020 – present	Dissertation Committee Chair, Maritza Vasquez Reyes
2017 - 2020	Dissertation Committee Member, Lorin Mordecai

# National

Manuscript	Journal of Research on Adolescence
Review	Children and Youth Services Review
	Journal of Youth and Adolescence
	Journal of Interpersonal Violence
	Society for Social Work and Research

Journal of Community Psychology

2022 Invited Grant Reviewer, Centers for Disease Control (CDC)

2017-2020 Grant Reviewer, Substance Abuse and Mental Health Services

Administration (SAMHSA)

# ADVANCED DATA ANALYSIS TRAININGS

Mixed methods (Qualitative Research Summer Institute)

Qualitative analysis (Qualitative Research Summer Institute)

Multiple Regression Analysis (University of Chicago)

Hierarchical Linear Modeling (Stephen Raudenbush at the University of Chicago)

Longitudinal Structural Equation Modeling (Todd Little at Texas Tech University) *Software*: SPSS, Excel, MPLUS

# **ADVANCED CERTIFICATIONS**

# Mindfulness teacher, MEIA (2024)

Completed teacher training program at the Mindfulness Institute for Emerging Adults aimed at teaching mindfulness to emerging adults.

### Mindfulness teacher, iBme (2022)

Completed yearlong teacher training program aimed at teaching mindfulness to teens.

# Trauma-Focused Cognitive-Behavioral Therapy

Individual intervention to reduce symptoms of post-traumatic stress disorder for youth exposed trauma.

# Think First Training

14-hour training on school-based group behavioral intervention developed to equip high school students with anger management skills.

# Cognitive Behavioral Intervention for Trauma in Schools

School-based group and individual intervention to reduce symptoms of post-traumatic stress disorder, depression and behavioral problems for youth exposed trauma.