#### Curriculum Vitae

# Paula M. Nieman, PhD, LCSW

University of Connecticut School of Social Work 38 Prospect Street, Hartford, CT 06103 Mobile: (413) 336-6116 paula.nieman@uconn.edu

# **EDUCATION**

Doctor of University of Connecticut School of Social Work, Hartford, CT Philosophy Dissertation: What does it mean to be a social worker? A critical phenomenology of early-career baccalaureate social work practitioners. Committee: Kathryn Libal,

2021 PhD (Chair), Nina Heller, PhD, Nancy Naples, PhD.

Master of Science Columbia University School of Social Work, New York, NY Method: Practice, Programming & Supervision (Advanced Generalist)

1993 Field of Practice: Families and Children

**Bachelor of Arts** Bowdoin College, Brunswick, ME

in Psychology Honors in Psychology, Minor in Philosophy

1985 University of St. Andrews, St. Andrews, Scotland (1983-1984)

Honors in Social Psychology

### RESEARCH and TEACHING INTERESTS

Undergraduate social work education and practice; social work field education; undergraduate social workers' professional identity development; generalist social work theory and practice; supervision in social work practice; social work history; teaching and learning in social work education; transitionage foster youth.

# **ACADEMIC APPOINTMENTS & AFFILIATIONS**

University of Connecticut School of Social Work, Hartford, CT

2021-present

BSW Program Director and Assistant Professor in Residence (non-tenure-track)

SOWK 3800: Field Seminar I (2021, 2022) SOWK 3801: Field Seminar II (2022, 2023) SOWK 3350: Social Work Research (2022, 2023) SOWK 4100W: Senior Seminar (2022, 2023)

Faculty Advisor (academic advisor & field liaison for 6-8 MSW students/year)

Western New England University, Springfield, MA

2005-2021

Professional Educator (full-time non-tenure-track faculty), 2007-2021 Visiting Assistant Professor (half-time non-tenure track faculty), 2005-2007

SW 100: Introduction to Social Work (2005-2013) SW 300: Pre-practicum Seminar (2013-2021)

SW 301: Social Work Methods I: Practice with Individuals (2008-2012)

SW 302: Social Work Methods II: Interviewing Skills (2009-2013)

SW 305-306: The Helping Relationship Field Seminar (2006-2015, 2019)

SW 314: Macro-Practice Field Seminar (2011-2021)

SW 321: Empowerment Practice with Underserved Populations (2018)

SW 404: Social Work Methods with Groups and Families (2005-2008)

SW 414-415: Integrative Field Seminar (2012-2021)

SW 419: Social Work and Research (2005-2013, 2017-2021)

SW 420: Social Work Research Seminar (2009-2014, 2018-2021)

#### Coordinator of Field Instruction, 2013-2021

Coordinated three BSW field practica: 90-hour junior-year micro-practice practicum, 120-hour junior year macro-practice practicum, and 450 hour senior field placement.

### Faculty Field Liaison, 2006-2021

Monitored students' progress in field placements, ensuring student development of social work practice skills. Conducted agency site visits at least once/semester.

### Director of Assessment, 2006-2021

Coordinated ongoing outcomes-based assessment of BSW program. Participated in CSWE re-affirmation process (2007 and 2014).

### Springfield College School of Social Work, Springfield, MA

Field Instructor, 2000-2003

University of Connecticut School of Social Work, West Hartford, CT

Field Instructor, 2002

#### RESEARCH EXPERIENCE

#### University of Connecticut School of Social Work, West Hartford, CT

#### Primary Investigator (Doctoral Dissertation), 2021

What does it mean to be a social worker? A critical phenomenology of early-career baccalaureate social work practitioners. Conducted a phenomenological study investigating and applying critical perspectives to the lived experiences of BSW practitioners in their early years of professional practice.

#### Research Assistant, 2014-2015

"You know, group work is so powerful! This stuff changes their lives" Conducted qualitative analysis of focus group data, evaluating training program for support group facilitators. Primary Investigator: Brenda Kurz, Ph.D., funded by Children's Trust Fund.

#### Co-Investigator, 2014

The Influence of Professional Identity and Level of Empowerment on Political Participation of MSW Students. Co-Investigators: Jason Ostrander, Adelaide Sandler.

#### Western New England University, Springfield, MA

Principal Investigator/Faculty Sponsor of undergraduate research projects, 2018-2021

- -Student Perceptions of Sexual Assault Prevention at Western New England University (2021)
- -Western New England University Student Veterans' Understanding of the Term "Veteran

Friendly" Services (2020)
-Is Food Insecurity Happening at Western New England University? (2018)

### **PRESENTATIONS**

# Peer-Reviewed Presentations

- Iacono, G., Elsaesser, C., Roman-Hampton, V., Werkmeister-Rozas, L., **Nieman, P.**, Pan, C., & Churchill, A. (2024). *Bridging the gap: A community-based participatory approach to developing a socially engaged mindfulness curriculum for BSW students.* The Association of Baccalaureate Social Work Program Directors' Annual Conference. New Orleans, LA.
- **Nieman, P.** (2023). *Manifestations of neoliberalism in BSW practice: Fostering critical reflection and resistance in BSW education*. The Council on Social Work Education Annual Program Meeting. Atlanta, GA.
- **Nieman, P.** (2022). Managerialism in day-to-day practice experiences of early-career BSWs: Acceptance, resistance, and notions of professional identity. The Association of Baccalaureate Social Work Program Directors' Annual Conference [remote].
- **Nieman, P.** (2021). *Becoming a supervisor: Managing a new professional role.* National Association of Social Workers, Massachusetts Chapter, Symposium 2021[remote].
- **Nieman, P.** (2020). "Autopilot zombies" or "heartbroken all the time": Emotional dimensions of BSW practice. (poster) Accepted to The Council on Social Work Education Annual Program Meeting. Denver, CO. [Did not present due to virtual conference modality.]
- **Nieman, P.** (2019). Community scavenger hunts: Experiential assignments to develop empathy, knowledge & skills. The Council on Social Work Education Annual Program Meeting. Denver, CO.
- **Nieman, P.** & Vaccarino, V. (2019). *Using a student-initiated campus food insecurity research project to spark institutional change.* The Association of Baccalaureate Social Work Program Directors' Annual Conference. Jacksonville, FL.
- **Nieman, P.** (2018). "Being" a social worker: The contested nature of BSW professional identity. The Association of Baccalaureate Social Work Program Directors' Annual Conference. Atlanta, GA.
- **Nieman, P.** & Kras, D. (2018). The community scavenger hunt: Exploring community diversity and resources, and broadening student perspectives. The Association of Baccalaureate Social Work Program Directors' Annual Conference. Atlanta, GA.
- Nieman, P. (2017). Group Supervision: Strategies to support workers, strengthen practice skills, and improve client outcomes. Workshop presented at 35th Regional Social Work Conference, Western New England University, Springfield, MA
- **Nieman, P.** (2016). Becoming a supervisor: Anticipating and managing the challenges of a new job role. Workshop presented at 34th Regional Social Work Conference, Western New England University, Springfield, MA. (half-day workshop)

- Ostrander, J., **Nieman, P.**, & Sandler, A. (2015). *Increasing the political participation of social work students: Classroom and fieldwork approaches.* The Council on Social Work Education Annual Program Meeting. Denver, CO.
- **Nieman, P.** (2015). Becoming a supervisor: Anticipating and managing the challenges of a new job role. Workshop presented at 33rd Regional Social Work Conference, Western New England University, Springfield, MA.
- **Nieman, P.**, Ostrander, J., & Sandler, A. (2015). *Political participation of social work students: professional identity, motivation, specialization, and empowerment.* The Association of Baccalaureate Social Work Program Directors' Annual Conference. Kansas City, MO.
- Ostrander, J., **Nieman, P.**, & Sandler, A. (2015). *The Influence of professional identity and level of empowerment on political participation of MSW students* (Poster). University of Connecticut School of Social Work 6<sup>th</sup> Annual Research & Scholarship Exhibition. West Hartford, CT.
- Kurz, B., Letendre, J., Beebe, G., Cohen, L.S., **Nieman, P**., & Rojas, R. (2015). "You know, group work is so powerful! This stuff changes their lives" (Poster). University of Connecticut School of Social Work 6<sup>th</sup> Annual Research & Scholarship Exhibition. West Hartford, CT.
- Ostrander, J., Sandler, A., & **Nieman, P**. (2015). The influence of professional identity and level of empowerment on political participation of MSW students. Society for Social Work and Research, Annual Conference. New Orleans, LA.
- **Nieman, P.** & Ostrander, J. (2014). Let's get political! How busy social workers can and should enhance their political participation. Workshop at 32<sup>nd</sup> Regional Social Work Conference, Western New England University, Springfield, MA.
- Ostrander, J., **Nieman, P**., & Sandler, A. (2014). *Social work identity and political participation* (Poster). University of Connecticut School of Social Work 5<sup>th</sup> Annual Research & Scholarship Exhibition. West Hartford, CT.
- **Nieman, P**. (2012). Professional ethics and boundaries in the era of Facebook. Workshop at 30th Regional Social Work Conference, Western New England University, Springfield, MA.
- Nieman, P. (2011). Maintaining boundaries in professional relationships: Ethical and practical challenges. Workshop presented at 29th Regional Social Work Conference, Western New England College, Springfield, MA.
- Nieman, P. (2008). Give me strength! How to use the strengths perspective in assessment and goal setting with clients. Workshop presented at 26th Regional Social Work Conference, Western New England College, Springfield, MA.

#### Invited Presentations

**Nieman, P.** (2021). *The role of workers' emotions in social work practice: tensions and contradictions.* National Association of Social Workers, Pioneer Valley Chapter, CEU Training. [remote]

**Nieman, P.** (2019). Responding to student food insecurity in the classroom and beyond. Center for Teaching and Learning, Western New England University. Springfield, MA.

**Nieman, P.** (2019). Safety issues in home visits and terminating with clients. Social Work Skills for Human Service Personnel, Western New England University Certificate Program, Springfield, MA.

Nieman, P. (2016, 2018, 2019). *Self-disclosure and professional boundaries*. Social Work Skills for Human Service Personnel, Western New England University Certificate Program, Springfield, MA.

Nieman, P. (2016, 2017, 2019). Working with reluctant clients. Social Work Skills for Human Service Personnel, Western New England University Certificate Program, Springfield, MA.

Nieman, P. (2016, 2018, 2019). Working with client strengths and resources. Social Work Skills for Human Service Personnel, Western New England University Certificate Program, Springfield, MA.

**Nieman, P.** (2014). *Working with reluctant clients.* Workshop presented for Social Work Skills for Human Service Personnel, Certificate Program, Western New England University, Springfield, MA.

**Nieman, P**. (2012). *Professional ethics and boundaries in the era of Facebook*. Featured speaker at Annual Supervisor's Conference, Smith College School for Social Work, Northampton, MA.

**Nieman, P**. (2011). Developing and maintaining boundaries in professional relationships. Workshop presented to staff of the Parent-Child Development Center, Community Action of Franklin, Hampshire and North Quabbin Regions, Turner's Falls, MA.

**Nieman, P.** (2010). Challenges in communication: delivering difficult messages. Workshop presented to Head Start Program, Westfield, MA.

**Nieman, P.** (2009). *Skills for engaging clients*. Basic Human Service Skills for Paraprofessionals, Certificate Program, Head Start Program, Southbridge, MA.

**Nieman, P**. (2008, 2009, 2010, 2011, 2012). *Basic interviewing skills*. Workshop presented as component of Basic Human Service Skills for Paraprofessionals, Certificate Program, Western New England College, Springfield, MA.

#### **PUBLICATIONS**

Kurz, B., Letendre, J., **Nieman, P.**, Smith Cohen, L. & Beebe, G. (2019) Group work is ... powerful! This stuff changes ... lives: Training on group processes for facilitators of curriculum-based groups, Social Work with Groups, DOI: 10.1080/01609513.2019.1670122

Ostrander, J., Bryan, J., Sandler, A., **Nieman, P.**, Clark, M., Loveland, E., and Smith, T.R. (2018). The political participation of first year social work students: Does practice specialization matter? *The Journal of Sociology and Social Welfare 45*(3): 39-59.

### **AWARDS**

### University of Connecticut School of Social Work, Hartford, CT

Sterling Doctoral Research Facilitation Fund, 2019 Konover Dissertation Stipend, 2016-2017 Mary Elizabeth Sterling Scholarship, 2014-2015 and 2015-2016 Vicki and Michael Konover Graduate Fellowship, 2013-2014 Debra and Bruce Fischman Endowed Scholarship, 2012-2013

#### PROFESSIONAL PRACTICE EXPERIENCE

### Berkshire Center for Families and Children, Pittsfield, MA

Program Supervisor, Healing Homes, 2004-2005

Recruited and trained foster parents in therapeutic foster care program. Assessed needs of referred children and coordinated placements. Hired, trained, and supervised case management staff. Collaborated to develop programming for Treehouse Easthampton Meadows, an intergenerational community comprised of older adults and families adopting children from the child welfare system.

# Dare Family Services, Springfield, MA

Clinical Supervisor, 1999-2003

Supervised casework staff in therapeutic foster care program. Provided field instruction to MSW student interns. Collaborated with management team in quality assurance efforts and program development. Provided on-call emergency response to over 100 foster families.

Mentor Supervisor, 1995-1999

Headed treatment team providing therapeutic foster care placements for children and youth. Provided case management, family mediation, crisis intervention and advocacy. Facilitated weekly supervision, training, and support group for foster parents.

# Center for Urban Community Services, New York, NY

Program Director, The Edgecombe, 1993-1995

Oversaw social service program in SRO residence for formerly homeless adults with severe and persistent mental illness. Supervised program staff. Coordinated job skills development program for residents in numerous supported residences throughout upper Manhattan.

# Center for Family Life in Sunset Park, Brooklyn, NY

Workshop Leader, Summer Youth Employment Program, 1993

Oversaw summer job placement for 130 youth. Supervised paraprofessional staff. Developed and taught workshops on career exploration, job skills and sexual decision-making.

Graduate Social Work Intern, 1992-1993

Provided counseling to children, couples, and families. Co-led therapeutic group for latencyage children. Co-directed afterschool service learning program for middle-school students.

# Regent Family Residence, New York, NY

Graduate Social Work Intern, 1991-1992

Provided case management for homeless families in city-run shelter.

### South Middlesex Opportunity Council, Framingham, MA

Program Manager, Journey Inn Family Shelter, 1989-1990

Managed all aspects of daily operation of shelter for homeless families. Hired and supervised counseling and casework staff.

### Project PLACE, Boston, MA

Program Coordinator, Hotline and Mutual Support Group Program, 1987-1988

Coordinated advocacy and meal program for homeless adults and volunteer-staffed crisis hotline and support group program. Created training curriculum for volunteer counselors and group leaders. Maintained information and referral database.

Volunteer Coordinator, Homeless Resource Center and Hotline, 1986-1987

Recruited and trained volunteer hotline staff. Led trainings in basic counseling skills.

### **SERVICE and COMMUNITY ENGAGEMENT**

# University of Connecticut School of Social Work, Hartford, CT

BSW Committee, chair. August 2021-present

Academic Affairs Committee, member. August 2021-present

Strategic Planning Subcommittee on Teaching & Learning, co-chair. September 2021-present

Research Curriculum Committee, member. September 2021-present

Just Community, member. April 2023-present

Search Committee, member. (searches for 2 staff and 1 faculty position). 2021-2022

#### Association of Baccalaureate Social Work Program Directors (BPD)

Growing Leaders Committee, inaugural cohort member. 2020-2022

### Antiracism Reading & Reflection Group, Chesterfield, MA

Member. June 2020-present

### United Way of the Pioneer Valley, Springfield, MA

Working group: Campus Food & Housing Insecurity, member. April 2020-August 2021

### Western New England University, Springfield, MA

President's Visioning Committee, member. September-December 2020

Social Work Advisory Board, member and co-facilitator. 2005-2021

Campus Food Insecurity ad hoc working group, member. 2018-2021

Social Work Department Search Committee, member. 2014

Social Work Department, Dual Enrollment Initiative, chair. 2010-2013

Social Work Advisory Council, member. 2006-2011

# PROFESSIONAL DEVELOPMENT ACTIVITIES (selected)

- Program Directors Academy, Council on Social Work Education, June 2022-July 2023.
- Ethical Decision Making in Social Work: Complex Cases, July 2023
- Group Work Then and Now, University of CT School of Social Work, June 2023
- Moving Toward Anti-racism: Developing Actions for Social Work Academic Institutions, National Association of Social Workers, August 2020
- Voices of Hunger: Changing the Paradigm, Campus Compact for Southern New England, Lowell, MA, May 2019
- **Reaffirmation Workshop**, Council on Social Work Education, Alexandria, VA, November 2019
- Voices of Hunger on Campus: Meaningful Change Together, Campus Compact for Southern New England, Worcester, MA, May 2018
- Symposium 2018 On the Front Lines, National Association of Social Workers, Framingham, MA, April 2018
- Qualitative Research Methods Workshop (Deborah Padgett, Ph.D.), University of Connecticut School of Social Work, March 2017
- **Gender and Incarceration Symposium,** Blake Law Center, Western New England University, October 2016
- Use of Groups & Teams for Problem- and Project-Based Classroom Learning, Center for Teaching & Learning, Western New England University, September 2016
- NVivo Techniques for Further Analysis (full-day workshop), University of Connecticut School of Social Work, November 2015
- **Field Directors Training,** Full-day Pre-conference Workshop at BPD Annual Conference, Kansas City, MO, March 2015
- Field Educator's Seminar with Alex Gitterman (1/2 day workshop), International Association for Social Work with Groups, Annual Symposium, Boston, MA, June 2013
- Connecting with Field Education: Sharing Best Practices, Council on Social Work Education, Annual Program Meeting, Washington, D.C., November 2012
- Engaging Diversity Through Intersectionality: Facing the Challenge Within, Full-day Pre-conference Workshop at BPD Annual Conference, Phoenix, AZ, March 2009

### PROFESSIONAL AFFILIATIONS and MEMBERSHIPS

Licensed Certified Social Worker (LCSW) in Massachusetts (continually, since 1998) Licensed Social Worker in New York (1994-1996)

Association of Baccalaureate Social Work Program Directors, Inc. (BPD), current member National Association of Social Workers (NASW), current member

Council on Social Work Education (CSWE), current member

North American Network of Field Educators & Directors (NANFED), 2019-2021 Society of Social Work Research (SSWR), intermittent member

International Association of Social Work with Groups (IASWG), intermittent member